

Unstoppable By Design

I G N I T I N G F E A R L E S S A M B I T I O N



My Mission

I believe every woman has the right to define success on her own terms.

Unstoppable by Design ignites fearless ambition with heart - helping women lead their next chapter with clarity, courage and momentum. I don't teach theory. I walk beside you with lived experience, battle-tested tools, and an unshakable belief that *you're not starting over - you're just getting started.*



Why work with me?

I'm Julie Tague - a transformation leader, programme delivery and change expert, and a woman who's pivoted through life's toughest transformation moments. I've juggled loss, hybrid parenting and high-stakes leadership, all while rewriting my story from the inside out.

I don't offer vague inspirations or drawn-out coaching programmes. I specialise in short, sharp action-led interventions that help you unlock progress fast - in work, in mindset, in life.

I'm not here to fix you

I'm here to help you remember your power, claim your agency and take steps that make sense for you - not someone else's version of success.



Is this you?

You're not broken. You're just... stuck.

Life's thrown you a curveball - a relationship shift, a career wobble, a growing sense that your spark's been dulled. You've spent years serving others, building a 'safe' life. But safe now feels small. And you're quietly wondering:

Is this it? What comes next? What happened to my ambition?

You're not looking for a 6-month mastermind or fluffy affirmations. You want practical clarity. Real tools. Action you can take *today*.

You're most likely:

- A female at a turning point, regaining space as kids grow, life shifts or relationships change.
- Time-poor, soul-hungry and ready to invest privately in yourself.
- Curious, capable and quietly ambitious - but you've lost your spark.
- Done with pretending. Ready to move forward, on your terms.



What you can expect

No fluff. No filler. Just forward movement.

Tailored micro-interventions: 60-90 minutes with me each week; 30-60 minutes commitment from you on your own each day. 21 days to begin your pivot and build your rhythm.

Blended delivery: digital downloads, live sessions, strategic 1:1s, individual time for reflection and most importantly - **constant action**.

Clear outcomes: not 'coaching to feel better' but targeted action to do differently.

Whether you choose a guided programme, a power hour or a deep-dive reset, you'll leave with:

- Clarity about what's working and what's next
- Tools to shift your energy and mindset
- Momentum - even if life's still messy
- A quiet confidence you forgot you had



How to get started

Head to www.unstoppablebydesign.co.uk. Book a free 15-minute clarity call or explore our 21 Days to Unstoppable Starter.

You don't just need to burn it all down.

You just need to find the right spark to start again.

Julie Tague

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